

20092010





DIRECTOR'S REPORT

While the economic downturn has affected us all, it has been devastating for low-income and homeless people. This past year, Outside In saw a 25% increase in the number of homeless youth clients, and the Clinic has been turning away 30 people every day, people who need medical care but who don't have health insurance. Many lost their coverage when they lost their jobs.

We've stepped up to help address this growing need. A construction project will increase our capacity in the clinic by adding exam rooms, provider offices and behavioral health offices. Upon its completion in January, a new full-time doctor will be hired.

Part of our mission is to stabilize homeless youth in housing, and help them acquire the skills to maintain independence. This year, in addition to our 28 on-site housing units and 8 community apartments, we added 25 units of permanent supported housing.

Outside In makes a difference to our clients and to our community. Thank you for supporting our work. We simply couldn't do it without you.

Kathy Oliver, PhD
Executive Director

20092010 HIGHLIGHTS

Website Redesign

Connect with us at www.OutsideIn.org.

International Competition

Outside In's soccer team, the Portland Torrents, joined teams from 17 cities playing in the Street Soccer USA Cup in Washington D.C. One of our clients and coaches were selected for the U.S. team that competed in the Homeless World Cup in Brazil in September.

Gratitude

Outside In's diversified funding base, history of grassroots support and a key estate gift allowed us to serve an increasing number of people in need.

Community Engagement

Youth made 11 short films to educate their peers about preventing HIV infection. As social historians, they collected oral histories of the Alberta Street Neighborhood, and they practiced environmental science when they helped monitor the Willamette River's water quality.

Recognition

Outside In was again selected as one of the 100 Best Nonprofits to work for in Oregon. We are proud of our Urban Ed teacher, Matt Eide, who was selected as a recipient of *Portland Monthly's* Light a Fire Award.



We utilize peer education and creative engagement to support young people during a difficult time in their lives.



YOUTH SERVICES

Every day homeless young people come to Outside In with critical needs. They need a safe place to stay, somewhere to shower and do laundry, effective teachers to help them complete their education, job training to help them find employment, drug and alcohol treatment and mental health supports. We help youth stay safe, and we help them build skills and connections to community.

Ultimately, we help them move out of poverty and homelessness.

This year, we helped 1,021 homeless youth access resources, develop supportive relationships, and build skills that change their lives and build their futures.



95% of youth who graduated from our housing program did not return to the streets.

The need is growing: we helped 23% more youth this year, and 57% more youth than just 4 years ago.

CONNECT	# of youth	TRANSFORM	# of youth	SUCCEED	# of youth
Day Program	887	Employment	298	Transitional Housing	46
Case Management	340	Education	179	Permanent Supported Housing	35
Alcohol and Drug Treatment	198	QueerZone – LGBTQ	104	Enrolled in College	30
Psychiatry	67	HIV Prevention – Peer Education	112	Employed in the Community	81

Youth have a lot to offer, and they need to experience that they are more than a label or their circumstances.

Through community service and service learning opportunities, youth make meaningful **connections**.

Homeless youth are resilient. Individualized supports at Outside In help them plan for the future and **transform** their lives as they work toward their goals.

Specialists in mental health, alcohol and drug treatment and employment and education create a network of support for every youth.

Youth **succeed** in our supportive, creative, and innovative learning environment.

This year, 22 youth earned their GED, 30 youth attended college, 81 youth were employed and 95% of youth who graduated from our housing program did not return to the streets.

VIRGINIA WOOLF DOG DAYCARE

Job Training for Homeless Youth

Homeless youth have a harder time finding employment than their adult counterparts. Our job training program offers a foundation from which youth can build assets, gain experience and financial skills and move into jobs in career tracks.

As trainees, youth learn transferable skills such as attendance, punctuality, reliability, customer service and teamwork. They also attend 4-5 hours of job readiness coursework weekly covering job search, resume writing, interviewing and career planning.



*Our customers appreciate that their dogs
that they are helping y*



receive a quality day-care experience and youth obtain job skills.

BUILDING A FUTURE

	#
Youth who received job training	21
Youth who continued volunteering	4

Youth at Virginia Woof are supported by skilled and dedicated case managers who work with them on issues such as housing, health and education.

In an economic slump, both of our Virginia Woof locations are operating as stable businesses, offering a multiple bottom line to our organization and our clients.

Our westside location is celebrating their five year anniversary.

CLINIC AND HEALTH SERVICES

Outside In provides medical care to more than 100 homeless people and vulnerable youth every day. We help them understand the effects of lifestyle on their health and help them develop the skills and strength needed to make healthy choices.

We help patients manage chronic diseases like diabetes, heart disease, asthma, depression and HIV. We help them quit smoking, prevent unwanted pregnancies and nurture a healthy life.

We also actively pursue opportunities to help people get into treatment. This year, we increased our mental health and addictions treatment staff, while integrating them with our medical services, and made 385 referrals to drug and alcohol treatment.

We know it takes a relationship to help someone turn around their health.

Every point of contact can be a point of return.



We provided 20,351 medical visits; 96% of our patients are uninsured.



PRIMARY CARE and OUTREACH	# of patients	# homeless	% homeless
Primary Care	9,357	7,232	77.3
Mobile Medical Van	3,133	2,261	72.2
Mental Health	2,443	1,841	75.4
Alternative Medicine	2,387	1,289	54.0
Tattoo Removal	1,234	530	42.9
Social Services	783	664	84.8
Men's Wellness	749	146	19.5
Dental	265	230	86.8
Total	20,351	14,193	69.7

PREVENTION	#
Syringes Returned	547,809
Syringes Issued	557,941
Syringe Return Rate	98.2

Every patient at Outside In has their own doctor and a care team of counselors, medical assistants and support staff. For 8,000 people, we are their **Primary Care Home**.

Our medical van allows us to fully mobilize our clinic capabilities. Last year we served 3,133 people through mobile medical **outreach** at homeless camps, community centers, shelters and high risk high schools.

The best way to handle a serious health problem is to **prevent** it in the first place. We provide immunizations, mammograms, PAP smears and family planning to vulnerable youth.



BOARD OF DIRECTORS

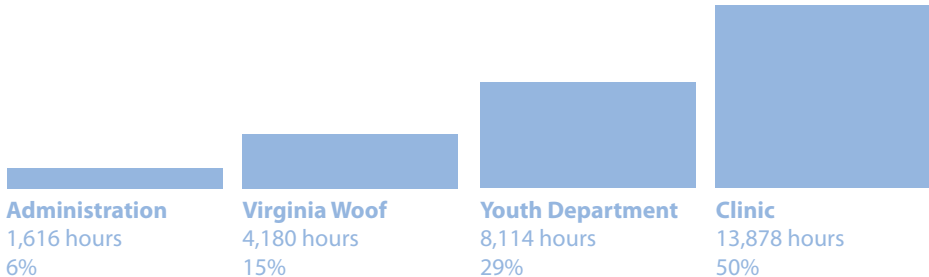
- Jill Arena
- Suzy Gates
- Alex Golubitsky
- David Gregg
- Tony Johnson
- David Martinez
- Nina Narelle
- Cynthia Nustad
- Sara Posada
- John Rothermich
- Gail Snow
- Darci Swindells
- Sally Walton

GRATITUDE FOR OUR VOLUNTEERS

Volunteers are an integral part of Outside In and we are grateful for their contributions and dedication. From our Board of Directors to our volunteer physicians and tutors, volunteers extend our reach and further our mission.

Nine volunteers received a presidential award recognizing their volunteer time of 500 hours of service to Outside In.

This year, a remarkable 480 people volunteered 27,788 hours. This translates to a value of \$575,500.



FINANCIALS

Year Ended June 30, 2010 (With Comparative Totals for 2009)

Revenue, gains, and other support	2010	2009
Contributions and grants	\$1,636,850	\$1,086,857
Portland Development Commission	-	80,000
United Way	185,482	187,819
Multnomah County	1,094,672	1,150,228
Worksystems, Inc.	165,828	108,191
City of Portland	232,925	299,240
State of Oregon	1,059	18,441
Federal	2,423,342	1,428,425
Gifts in-kind	263,572	237,491
Interest and dividends	10,213	13,267
Dog daycare fees	414,923	400,040
Other fees, reimbursements	629,523	545,441
Total revenue, gains, and other support	7,058,389	5,555,440

Expenses	2010	2009
Program services		
Clinic	2,956,347	2,294,841
Youth	2,441,755	2,322,065
Virginia Woof Dog Daycare	494,626	494,721
Management and general	957,056	835,251
Fundraising	86,699	144,349
Total expenses	6,936,483	6,091,227
Net assets		
Increase in net assets	121,906	(535,787)
Net assets, beginning of year	5,831,979	6,367,766
Net assets, end of year	\$5,953,885	\$5,831,979



Your support helps change the lives of homeless youth in our community. Visit our new website to find out more.

www.OutsideIn.org

empowerment | employment | education | medical care